



Hands of Hope

Community Arm of Hope Christian Church Melbourne

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You & Your Child: Communicate to Connect

What should you do to make it easier to better understand and remain connected with your children?

Many parents struggle with the ability to keep in touch with their children and teenagers, and how to manage the variety of ideas, values and beliefs that may be different to their own. While there may be no prescription for this; each child or young person is an individual and needs different advice, the recognition that communication is key to maintaining a strong relationship and influencing their children's development may prevent further stress and conflict.

Find out more at an evening with Peter Nash and pick up some simple communication ideas to help you continue to build strong ties with your child or teen. Over this interactive session, Peter will be sharing his experience and ideas on:

- Keys to communicating with children and young people
- Types of communication that build a connection
- Understanding and communicating with teenagers

Peter Nash is the proud father of 3 adult children and has been married for 31 years. He worked as a teacher for 14 years and is currently the College Chaplain of Waverley Christian College, a role he held for the last 5 years, caring for the students, parents and staff. He also served on the pastoral staff team at CityLife Church for 13 years where he led Knox Community Care, the counselling and community ministry of the church, which serve hundreds of people each year.

Date: Sat, 16 Jul 2011

Time: 6.45pm registration for 7.00pm start. Session ends at 9.00pm

Venue: Brandon Park Community Centre, 649 Ferntree Gully Road, Glen Waverley (Melway 71 C8)

Cost: \$5.00 per person, payable on registration

Light refreshments will be served and child-minding service will be provided for 5 to 11 year-olds. For more information, please email Cyndy on cyndy.wee62@gmail.com.

Payment Received: Yes / No Amount: _____ Endorsed by: _____

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For official use

Name: _____

Contact: _____

Email: _____

Payment received: \$ _____

Do you require child-minding: Yes / No **Age(s) of child(ren):** _____